



The Milford Trail travels through the Huron River Valley.



Trails Legend

- Paved Trail
- Temp. Road Route
- Water Trail Route
- - - Under Development
- Highways
- Roads

Milford Trail Access			
Access Site	Parking	Restrooms	Water
1 Carls Family YMCA	Yes	Yes	Yes
2 Milford Trailhead	Yes	No	No

Kensington Metropark Hike-Bike Trail Access			
3 Kensington Metropark	Yes	Yes	Yes

Island Lake Pathway Access			
4 Island Lake State Rec Area	Yes	Yes	Yes

Huron Valley Trail Access			
5 Lyon Oaks County Park	Yes	Yes	Yes
6 McHattie Park	Yes	Yes	Yes

Huron River Water Trail Access

Access Site	Parking	Restrooms	Water
1 Central Park Launch	Yes	Yes	Yes
2 Camp Dearborn Launch	Yes	No	No
3 Canoe Campground	No	Yes	Yes
4 Dawson Road Launch	No	No	No
5 Kensington Boat Rental	Yes	Yes	Yes
6 East Boat Launch	Yes	Yes	Yes
7 Island Lake East Launch	Yes	No	No
8 Island Lake West Launch	Yes	Yes	No
9 Island Lake Campground	No	Yes	No



The Huron Valley Trail passes through a tunnel under Interstate 96.

Huron Valley Trail

In 2022, the trail was completely repaved from Old Plank Road to South Lyon and extended one mile to connect with the Michigan Air Line Trail. The main spine of the 13.5-mile trail was built on an abandoned railway. From the I-96 tunnel, a western spur of the trail takes you over a steep ridge to the Island Lake Pathway.

Island Lake Pathway

The Island Lake Pathway offers 4 miles of asphalt trail that meanders through the Island Lake State Recreation Area. Where the paved pathway ends, continue west on Kent Lake Beach Road to connect with Mike Levine Lakeslands Trail State Park.

Kensington Metropark Hike-Bike Trail

The 8.5-mile Kensington Metropark Hike-Bike Trail encircles picturesque Kent Lake, passing along the water's edge and several recreational amenities that have made Kensington Metropark one of Michigan's most popular parks. The paved trail is nicely maintained, and pleasantly curvy, with a few inclines that may require some extra pedal power. Hint: going clockwise is easiest.

Milford Trail

The Milford Trail travels approximately 5 miles from Kensington Metropark Hike-Bike Trail to Commerce Road (Carls Family YMCA) in Milford. This smooth asphalt trail follows a scenic route through the Huron River Valley,

over Hubbell Dam and around Hubbell Pond. When you reach the end of the trail, you can follow Commerce Road east into downtown Milford where you'll find several stores and restaurants.

Huron River Water Trail

Part of the 104-mile Huron River Water Trail that flows from Proud Lake to Lake Erie, the 14-mile section of the water trail shown on this map offers easy access and riverside camping. You'll need to make two portages: at Hubbell Dam and Kent Lake Dam. For information about the entire Huron River Water Trail and its amenities, access sites, float times, portages and outfitters, visit: HuronRiverWaterTrail.org

Huron Valley Trail • Kensington Hike-Bike Trail • Island Lake Pathway • Milford Trail